



### **Early Help at Kedington Primary Academy**

Here at Kedington Primary Academy we want to support all our pupils and families to aspire to be the best they can be. We are however, very aware that sometimes life can be difficult and we all face challenges and adversities. As such we have put together a selection of services to offer a helping hand to all to try to alleviate some of life's challenges and work with families to ensure our school and its students are an integral positive part of the Local Community.

We can offer support and advice on a range of issues, including: domestic violence, family break ups, school attendance, housing concerns, financial worries and debts, abuse or neglect, behaviour management and parenting, bereavement and loss, bullying and online safety. We will aim to help as much as we can with any issue you feel is having a negative impact on your child. Always come and speak to us if you are concerned.

- **Safeguarding team** – Our Safeguarding Team are available to support and advise families. We can signpost or refer families to relevant services or agencies for further help and can offer support to the children in school. Where necessary, the school can open a CAF (common assessment framework) which will help our families to access the help they need; whether from a Family Support Practitioner, from Social Services or other external agencies.
- **Learning Mentors** - We have a small but experienced team of staff who have had additional training to support some of our more vulnerable children. They offer a positive role model for our young people and have time afforded to them to build up positive relationships with specific children to ensure that they are able to build a trusting relationship and utilise this to gain support as to how to manage their feelings, emotions and any difficulties experienced.
- **Drop Ins** - We offer 'drop ins' for our parents to visit the Senior Leadership Team. We have excellent relationships with our Partner Agencies and we are able to signpost families to these when they are struggling.
- **ELSA-** Our team of Emotional Literacy Support Assistants work with our young people to help navigate their way through the difficulties that life can sometimes throw our way. As we grow older we have to understand our emotional wellbeing as by having a better understanding of our own emotions and feelings, we can be supported to have helpful ways to process and manage these feelings. As a result, our young people will be better equipped to manage difficulties in adulthood, as they are more self aware, self confident and emotionally literate.

- **Triple P** - As parents, you will know that nothing quite prepares us to parent. Being a parent can be a challenge and there is also a wealth of advice on Parenting Approaches. The Triple P Programme is a practical programme to enhance positive parenting strategies to influence children's behaviour and to develop/ further enhance good relationships, encouraging the behaviours wanted and supporting you to manage unwanted behaviours. The school has been fortunate in being able to offer the 8 Week Programme within the school setting to support our parents and their child care commitments.
- **Stepping Stones**- Triple P- This 8 Week Programme is targeted at parents and families of children with additional needs who are either waiting an assessment or whose children all ready have a diagnosis, but need support to manage the behaviours displayed. This programme offers practical advice within a supportive environment with other parents who are experiencing similar difficulties.
- **Local Services** - The school continue to work with other Local Groups and Agencies to promote the well being of the pupils and families we serve. The school have carried out charitable events and recognises the children's community spitted achievements in Our Community Board. We also work closely with Partner Agencies such as the Police, Children and Young People's Services and Health to ensure the health and safety of our Young Children and Families is promoted whilst fulfilling our Duty of Care responsibilities.

We might refer to: Children and Young People's Services, The In Year Fair Access Panel (IYFAP), County Inclusive Support Service (CISS), The School Nurse, Speech and Language Therapist, Educational Psychologist, Suffolk Young Carers, Education Welfare Office (Attendance).

We might signpost to families: The Citizens Advice Bureau, Your GP or Health Visitor, The Freedom Project, The Food Bank, The Children's Centre, Children and Adolescent Mental Health Service (CAMHS).